

# Red Run

REMEMBRANCE DAY TRAIL RUN, JOG & WALK

# 2024



Congratulations for taking part in the Red Run Day on Sunday 10th November 2024 in honour of Remembrance Day.

Run, Jog or Walk to honour the brave men and women who served our country. Funds raised provide stigma-free mental wellness support services for Queensland Veterans and Frontline personnel via Trek2Health.

The ticket price is complementary and each trekker has a minimum fundraising goal of \$75 to enter this fundraising event with rewards for top fundraisers.

PROUDLY SUPPORTING



## **RACE BIB**

Race Bibs are available to pick-up from 0630–0715 on the day of the event. This event will not be timed.

## **START/FINISH TIME & LOCATION**

Registration: 0630–0715 Sunday 10th November 2024. Register and collect your bib at the event lawn at Trek2Health Headquarters, Enoggera Reservoir, just off Waterworks Road THE GAP,

Welcome ceremony: 0730

8.5km event starts after the ceremony, should take walkers about 2 hours to complete, due to hills on the course.

All participants receive Race Bib, Red Run Medal and Trek2Health Bandana.

After the event: real coffee and complimentary BBQ courtesy of Ashgrove The Gap Lions Club.

## **MERCHANIDSE**

Will be available on the day to purchase from Trek2Health Headquarters.

## **OTHER IMPORTANT RACE DAY INFORMATION**

To ensure the safety of all RED RUN participants; bikes, scooters, roller blades, skates or skateboards are not permitted on the course. Dogs and other animals are also strictly not permitted on the course. Prams are strongly not recommended due to uneven terrain, please contact organisers to discuss further.

There will be drink stations positioned approximately every 2–3 kms along the course. We encourage participants to carry a drink bottle with them in order to stay hydrated. Our experienced support staff – who have operated in these D'Aguiar ranges for over 15 years – will be available at several stations throughout the Trek, should you need water or support.

For event day information, please refer to: [www.redrun.com.au](http://www.redrun.com.au)

Thank you for supporting this community event and we look forward to seeing you on Sunday 10th November 2024!

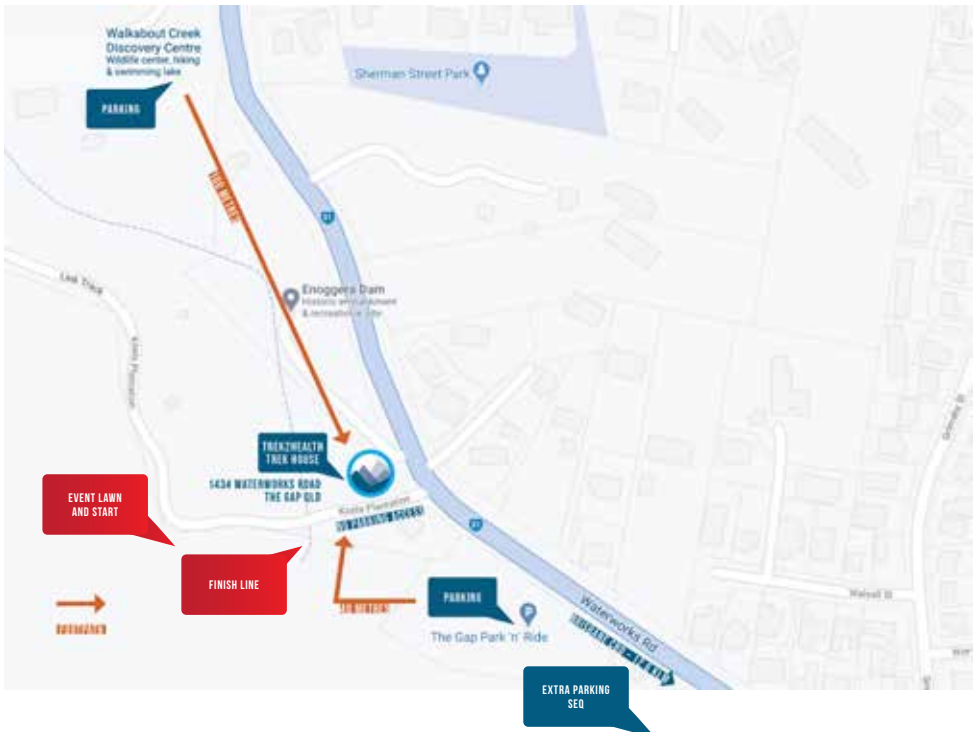


## FREE PARKING AVAILABLE

Directions to : Trek2Health Headquarters – 1434 Waterworks Road The Gap. Continue up Waterworks Rd from the city and the entrance road on your left will lead you into the The Gap Park ‘n’ Ride parking area. From here it’s a short 40 metre walk to the Trek House.

There is additional parking at Walkabout Creek Discovery Centre, a 100 metre walk from the Trek House. PLEASE SEE MAP BELOW FOR PARKING DETAILS

Public transport is available nearby (bus route 385, embark at the final stop: The Gap park ‘n’ ride, Enoggera Reservoir)



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8.5 km - Enoggera Reservoir Circuit The Gap



Event Village –  
Start/Finish  
Toilets available

ENOGGERA RESERVOIR CIRCUIT THE GAP

Trail Profile 8.5 km

